

10 Mile Road Race
Sunday 25 August 2013. 1030am

Cat	Place	Time	Name	Team	Cat	Race Number	Overall placing
All Men	1	0:57:06	HOLLEY, Paul	newmarket joggers	M45+	143	1
	2	1:00:02	SAMSON, Alan		All Men	180	2
	3	1:00:50	HERRINGTON, Brian	Harwich runners	All Men	165	3
All Ladies	1	1:08:34	WILSON, Katherine	26.2 Road Runners Club	All Ladies	161	14
	2	1:10:33	HALLS, Fiona	saffron striders	All Ladies	55	18
	3	1:10:40	ROBERTS, Sandra	UK Net Runners	F40+	164	19
Female 40+	1	1:17:19	SPONG, SUE	havering 90 joggers	F40+	142	43
Male 45+	1	1:01:40	CASEY, Neil	benfleet rc	M45+	105	4
1st Male Team		1:03:04	COLE, Leo	Witham RC	M45+	96	7
		1:06:34	RILEY, Pete		All Men	130	10
		1:17:00	HARDY, Daniel		M45+	49	40
1st Female Team		1:20:21	SHADFORD, Eileen	Gt Bentley	F40+	71	53
		1:22:58	EMMS, Laura		All Ladies	100	69
		1:24:08	SIMPSON, Janine		F40+	84	76

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The official photographer was Tori Andrews, her photos are on

<http://www.toriandrewsphotography.co.uk/>