

Mersea Lions 10 Mile Road Race

Sunday 30 August 2009. 10:30 am

(3 competitors per team. Based on cumulative position.)

Sponsored by CC DISCOUNT HEATING

Mens Team Results

Place	Team	Place	Time	Name	Cat	Race No
1	Gt Bentley	12	1:05:22	THOMAS, Clive	40+ Male	447
		31	1:11:43	JOHNSON, Ben	All Men	329
		32	1:12:01	SEMPLE, Graham	40+ Male	452
2	Witham RC	8	1:02:54	HARPER, Kevin	All Men	392
		28	1:11:33	BYFORD, MARTIN	50+ Male	402
		42	1:14:27	POULTER, Michael	50+ Male	415
3	Tiptree road runners	13	1:05:25	MORGAN, Simon	40+ Male	317
		34	1:12:06	CLARKE, Phillip	40+ Male	483
		36	1:12:25	HAINES, Simon	All Men	512
4	Colchester harriers	5	1:00:05	HELLIWELL, Paul	40+ Male	429
		41	1:14:04	STATHAM, MALCOLM	All Men	528
		46	1:14:59	DRISCOLL, John	60+ Male	503
5	Springfield Striders	24	1:11:07	SLAWSON, Dave	All Men	371
		25	1:11:14	JOSLIN, Gary	40+ Male	362
		64	1:18:49	MACAULAY, John	60+ Male	449
6	Braintree	21	1:10:26	MENNELL, Simon	40+ Male	490
		44	1:14:37	FRIBBENS, MARK	40+ Male	444
		55	1:17:51	MCEWAN, Joe	50+ Male	421
7	Gt Bentley	33	1:12:04	ASH, Jamie	All Men	476
		54	1:17:02	COX, KEVIN	40+ Male	477
		56	1:18:03	WATT, BOB	50+ Male	427
8	Thurrock	9	1:03:18	STAINES, Martyn	All Men	413
		67	1:19:37	RENDA, Justin	All Men	523
		72	1:20:04	MEADOWS, Terry	50+ Male	487
9	Witham RC	48	1:15:05	ENDERS, David	40+ Male	372
		49	1:15:07	SMITH, DAVID	50+ Male	309
		51	1:16:17	SILVERTON, Ross	60+ Male	334
10	Tiptree road runners	40	1:13:44	DELLAR, Paul	40+ Male	364
		58	1:18:14	AVENT, Martin	40+ Male	492
		63	1:18:42	SLATER, James	60+ Male	497
11	Bishop Stortford	20	1:10:12	HART, Greg	50+ Male	391
		61	1:18:34	GAULD-CLARK, Colin	60+ Male	401
		85	1:22:58	ALLEN, Peter	50+ Male	349
12	Harwich runners	4	0:59:52	MEACHEN, JASON	All Men	465
		62	1:18:39	HIGGON, Jeff	50+ Male	419
		110	1:32:37	KERRISON, Paul	40+ Male	314

Place	Team	Place	Time	Name	Cat	Race No
13	Castle point joggers	16	1:07:47	BONHAM, Richard	40+ Male	412
		80	1:22:04	MILLER, DAVID	40+ Male	354
		111	1:33:07	MILES, ALBERT	60+ Male	405
14	Gt Bentley	66	1:19:24	BISHOP, Des	40+ Male	376
		69	1:19:49	SHAW, ERIC	60+ Male	318
		89	1:23:39	GARDINER, FRANK	50+ Male	509
15	Havering 90 joggers	26	1:11:24	THOMSON, Andrew	All Men	379
		92	1:25:18	DAVIES, LEN	50+ Male	352
		112	1:33:52	PENFOLD, Keith	50+ Male	491
16	Witham RC	53	1:16:27	SHORT, Colin	60+ Male	462
		97	1:27:02	HEDGER, PAUL	40+ Male	344
		98	1:27:02	PAYNE, David	50+ Male	468
17	Tiptree road runners	71	1:19:56	PAYNE, DAVID	50+ Male	445
		79	1:21:50	LINTON, Ian	60+ Male	425
		109	1:30:51	DOBSON, BARRY	60+ Male	505
18	Gt Bentley	95	1:26:34	HALLIDAY, Guy	All Men	325
		96	1:26:36	BLACKWELL, Paul	40+ Male	443
		117	1:40:54	SCRIVENER, KEITH	60+ Male	355
19	Witham RC	99	1:28:20	LEEDS, Leslie	50+ Male	499
		114	1:38:43	WALLER, Stewart	60+ Male	458
		121	1:48:23	LADELL, Brian	60+ Male	454