

## MERSEA LIONS 10 MILE ROAD RACE

Sunday 24 August 2008. 10:30 am

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Cat	Race No
1	0:57:30	JORDAN, RICHARD	Stowmarket	50+ Male	232
2	0:57:47	BAKER, Rob	hallamshire harriers	All Men	178
3	0:59:24	WATSON, Bob	HAVERHILL RC	40+ Male	218
4	1:00:57	BACK, Terry	IPSWICH JAFFA	50+ Male	244
5	1:01:05	BOND, Mick	COLCHESTER HARRIERS	50+ Male	241
6	1:01:25	ROBERTS, Jennie	IPSWICH JAFFA	All Ladies	151
7	1:01:53	SQUIRE, Anthony	Billericay Striders	All Men	277
8	1:03:09	SULLIVAN, PAUL	NORWICH RR	40+ Male	161
9	1:03:50	HELLIWELL, Paul	COLCHESTER HARRIERS	40+ Male	243
10	1:04:03	THOMAS, Clive	GT BENTLEY RUNNERS	40+ Male	215
11	1:04:08	REYNOLDS, NICK	TIPTREE ROAD RUNNERS	40+ Male	275
12	1:04:11	MACMILLEN, Alexander	COLCHESTER HARRIERS	40+ Male	228
13	1:04:50	COMISH, Dave	TIPTREE ROAD RUNNERS	40+ Male	264
14	1:05:12	MCKEOWN, Frank	WITHAM RUNNING CLUB	50+ Male	370
15	1:05:25	SMITH, Charlotte	COLCHESTER HARRIERS	All Ladies	240
16	1:05:29	WRIGHT, DAVID	COLCHESTER HARRIERS	50+ Male	230
17	1:06:30	WAGNER-BROWNE, Paul		All Men	191
18	1:06:33	BEES, FRED	GT BENTLEY RUNNERS	60+ Male	356
19	1:06:36	HARPER, Kevin	WITHAM RUNNING CLUB	All Men	276
20	1:07:11	KELLY, Peter		All Men	190
21	1:07:15	GAMBLE, Ed	cheshire hill racers	40+ Male	280
22	1:07:18	KENT, Glen	PHOENIX STRIDERS	50+ Male	332
23	1:07:26	HENNY, Amanda	SUDBURY JOGGERS	All Ladies	258
24	1:07:33	NEAVES, Steven	Stowmarket	50+ Male	175
25	1:07:49	SKELLY, MARK	BLACKHEATH AND BROMLEY	40+ Male	269
26	1:08:05	DAVIES, Phil	HALSTEAD ROAD RUNNERS	40+ Male	242
27	1:08:13	STOBIRSKI, Ian	WITHAM RUNNING CLUB	All Men	347
28	1:08:22	KERN, WAYNE	HALSTEAD ROAD RUNNERS	40+ Male	312
29	1:08:34	POTTERTON, Graeme		All Men	249
30	1:08:45	MACNAMARA, John	SOUTHEND	All Men	251
31	1:08:48	MACROSSON, Ker	Stowmarket	50+ Male	247
32	1:08:53	HALL, ELEANOR	MID ESSEX CASUALS	All Ladies	342
33	1:09:04	BURNS, Robert	LEIGH ON SEA STRIDERS	40+ Male	223
34	1:09:10	CLARKE, Barry		All Men	341
35	1:09:20	MARSEILLE, Eric	SUDBURY JOGGERS	All Men	253
36	1:09:31	WATSON, Jacqui	BENFLEET RC	35+ female	219
37	1:09:41	OMALLEY, SCOTT		All Men	392
38	1:09:44	SHIRLEY, Marie	SUDBURY JOGGERS	All Ladies	389
39	1:09:45	PRESTON, PAUL	SUDBURY JOGGERS	All Men	173
40	1:10:07	STATHAM, MALCOLM	COLCHESTER HARRIERS	All Men	270
41	1:10:10	GIBBINS, Deborah	BENFLEET RC	45+ Female	351
42	1:10:17	SHEWBRIDGE, LAURA	TIPTREE ROAD RUNNERS	All Ladies	398
43	1:10:18	MENNELL, Simone	Braintree	40+ Male	239
44	1:10:28	BYFORD, Jon	SPRINGFIELD STRIDERS	All Men	399
45	1:10:41	COCKRELL, Jon	castle abc	40+ Male	250
46	1:10:58	MANCER, Lucy	BENFLEET RC	All Ladies	248
47	1:11:11	MILES, LLOYD		40+ Male	255
48	1:11:15	ROSS, Mark	GT BENTLEY RUNNERS	40+ Male	222
49	1:11:21	THOMPSON, Ian		50+ Male	225
50	1:11:46	BRIGHTY, Keith	NORWICH RR	40+ Male	169
51	1:11:59	SMITH, DAVID	WITHAM RUNNING CLUB	50+ Male	196
52	1:12:23	COVEY, Steven	castle abc	40+ Male	271
53	1:12:51	HOBSON, Robert	COLCHESTER & TENDERING	40+ Male	207
54	1:12:54	HOLDER, JULIAN	PITSEA RC	40+ Male	159
55	1:13:15	THOMSON, Andrew	HAVERING 90 JOGGERS	All Men	155
56	1:13:23	CLARKE, Martyn		40+ Male	182
57	1:13:29	GREENHAM, Derek	CATS	40+ Male	204
58	1:13:31	CLARKE, Phillip	TIPTREE ROAD RUNNERS	All Men	163
59	1:13:32	CATLIN, Marcus	IPSWICH JAFFA	All Men	329
60	1:13:48	STATTER, Graham	BISHOP STORTFORD	50+ Male	372

# MERSEA LIONS 10 MILE ROAD RACE

Sunday 24 August 2008. 10:30 am

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Cat	Race No
61	1:13:49	GREGORY, Kevin	THRIFT GREEN TROTTERS	All Men	315
62	1:14:04	DEVITT, Russell	shaftsbury harriers	50+ Male	227
63	1:14:08	SILVERTON, Ross	WITHAM RUNNING CLUB	50+ Male	272
64	1:14:13	HOYLE, Helen	Barnet & District	35+ female	226
65	1:14:15	FRITH, ANDY	BENFLEET RC	All Men	233
66	1:14:24	MCEWAN, Joe	Braintree	50+ Male	164
67	1:14:31	MORGAN, Paul	HADLEIGH HARES	All Men	263
68	1:14:35	DAVIES, Kevin		50+ Male	278
69	1:15:07	MARSH, PATRICK	COLCHESTER HARRIERS	40+ Male	224
70	1:15:12	KNOWLES, Marc	leisure world	All Men	185
71	1:15:28	FOY, Darren	TIPTREE ROAD RUNNERS	All Men	202
72	1:15:28	SLATER, James	TIPTREE ROAD RUNNERS	60+ Male	268
73	1:15:48	HUNT, STEVE	HADLEIGH HARES	40+ Male	262
74	1:15:48	BLACKWELL, Paul	GT BENTLEY RUNNERS	40+ Male	186
75	1:15:56	DOWNING (W/CHAIR), PETER	wheel chair comp	50+ Male	355
76	1:16:05	HAMON, Darren		All Men	353
77	1:16:25	LANGRIDGE, Steven		All Men	152
78	1:16:26	ARAKLITI, Zak		All Men	254
79	1:16:41	WRAY, Shelley	WITHAM RUNNING CLUB	35+ female	317
80	1:16:47	GARDINER, Chris		All Men	265
81	1:16:50	BAKER, David		50+ Male	266
82	1:16:55	BURROWS, Claire		All Ladies	363
83	1:17:09	DAINES, Michael	IPSWICH JAFFA	40+ Male	153
84	1:17:15	MOORE, Graeme	BENFLEET RC	40+ Male	237
85	1:17:15	BULLEID, Wayne	Braintree	All Men	375
86	1:17:49	FRIBBENS, MARK	HALSTEAD ROAD RUNNERS	40+ Male	336
87	1:17:52	TYLER, Timothy	NORWICH RR	50+ Male	328
88	1:18:00	GEAR, Bob	SPRINGFIELD STRIDERS	40+ Male	252
89	1:18:02	WHITE, Adrian		All Men	194
90	1:18:30	MACCARIELLU, Bettina	thurrock nomads	35+ female	210
91	1:18:36	BROCKBANK, Nikki	SPRINGFIELD STRIDERS	All Ladies	331
92	1:18:43	ALLEN, Daren	HADLEIGH HARES	40+ Male	261
93	1:19:03	ROWE, Andy	castle abc	40+ Male	273
94	1:19:33	GRIDLEY, DAVID	HAVERING 90 JOGGERS	40+ Male	220
95	1:19:59	MORGAN, Edward		All Men	325
96	1:20:09	HEDGER, PAUL	WITHAM RUNNING CLUB	All Men	176
97	1:20:25	GEE, Kevin	NORWICH RR	40+ Male	327
98	1:20:42	HURRY, Paul	castle abc	40+ Male	274
99	1:20:54	KWIGHTS, Diane	WITHAM RUNNING CLUB	45+ Female	246
100	1:21:03	GARDINER, STEVE		40+ Male	396
101	1:21:08	TYLER, Kim		All Ladies	354
102	1:21:08	KUHL, Isabel		All Ladies	391
103	1:21:39	KNIGHT, Anthony	THRIFT GREEN TROTTERS	All Men	320
104	1:21:39	NEWMAN, Vicky		All Ladies	321
105	1:22:07	POLERKITE, Lindsay	Braintree	35+ female	203
106	1:22:26	GRIDLEY, David	SPRINGFIELD STRIDERS	50+ Male	397
107	1:23:02	RAVAT, Lionel		All Men	339
108	1:23:10	HYDE, DAVID	LEIGH ON SEA STRIDERS	40+ Male	383
109	1:23:23	SWINDELL, DAVINA	GT BENTLEY RUNNERS	All Ladies	170
110	1:23:57	KIRSH, NEIL	EAST ESSEX TRI CLUB	40+ Male	367
111	1:24:00	EDEN, NIGEL		40+ Male	260
112	1:24:05	MAPPLEBECK, Sarah	SPRINGFIELD STRIDERS	All Ladies	166
113	1:24:21	AVES, SUE	MID ESSEX CASUALS	35+ female	245
114	1:24:21	GURRY, Gaye	WITHAM RUNNING CLUB	35+ female	184
115	1:24:22	DAVIES, LEN	HAVERING 90 JOGGERS	50+ Male	344
116	1:24:43	MEADOWS, Terry	thurrock nomads	50+ Male	206
117	1:24:47	DAVIES, Deborah	HAVERING 90 JOGGERS	45+ Female	345
118	1:24:48	SLOAN, Antony		All Men	338
119	1:25:03	PETTIFER, JOHN	PITSEA RC	60+ Male	376
120	1:25:05	WENMAN, Sarah	SPRINGFIELD STRIDERS	All Ladies	350

## MERSEA LIONS 10 MILE ROAD RACE

Sunday 24 August 2008. 10:30 am

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Cat	Race No
121	1:25:21	KELLY, Joanne		All Ladies	189
122	1:25:25	JACKSON, Rebecca		All Ladies	306
123	1:25:47	KERNAN, Kira		All Ladies	346
124	1:26:11	MULLINS, Rupert		All Men	259
125	1:26:13	AVERY, Mark	IPSWICH JAFFA	40+ Male	379
126	1:27:03	CULLEN, Sean		All Men	177
127	1:27:05	GARNHAM, Lorraine	HALSTEAD ROAD RUNNERS	45+ Female	362
128	1:27:18	MORTON, Stuart		All Men	400
129	1:27:30	PRICE, Simone	GT BENTLEY RUNNERS	All Men	181
130	1:27:39	PETTIFER, LORNA	PITSEA RC	35+ female	377
131	1:27:52	LAW, BARBARA	GT BENTLEY RUNNERS	55+ Female	201
132	1:28:06	NEWTON, Matthew		All Men	214
133	1:28:31	RAYNER, MIRANDA	HARWICH RUNNERS	35+ female	334
134	1:28:35	BATES, Gill	eye community runners	45+ Female	154
135	1:28:42	MCKAY, Laura		35+ female	183
136	1:29:09	JOHNSON, Mark		All Men	212
137	1:29:13	STOCKS, Alice	ashbourne ac	35+ female	385
138	1:29:18	FRIBBINS, Michael	HAVERING 90 JOGGERS	50+ Male	209
139	1:29:58	MATHIESON, Ian		All Men	198
140	1:30:21	PENFOLD, Keith	HAVERING 90 JOGGERS	50+ Male	221
141	1:30:30	IRVINE, Liz	SPRINGFIELD STRIDERS	All Ladies	359
142	1:31:00	TRIGGS, Joannna		35+ female	231
143	1:31:41	YOUNG, Susanne	HADLEIGH HARES	35+ female	337
144	1:31:54	FRANKLIN, Paul		40+ Male	197
145	1:32:29	BATES, PETER	PITSEA RC	50+ Male	235
146	1:32:37	VICKERS, Donald	SPRINGFIELD STRIDERS	50+ Male	322
147	1:32:52	JACKSON, Michael		50+ Male	238
148	1:33:02	WRIGLEY, Susan	LEIGH ON SEA STRIDERS	35+ female	257
149	1:33:28	WITHRINETON, Ann		45+ Female	234
150	1:33:52	WIMBLEDON, Peter		60+ Male	380
151	1:34:19	MEADOWS, Tricia	thurrock nomads	45+ Female	208
152	1:34:26	SMITH, DAVID		40+ Male	382
153	1:34:29	MILES, ALBERT	CASTLE POINT JOGGERS	60+ Male	267
154	1:35:42	GREEN, Sally		45+ Female	211
155	1:35:45	GUMMER, Anne		35+ female	279
156	1:35:57	BURT, Chiloe	WITHAM RUNNING CLUB	All Ladies	162
157	1:36:07	SPINKS, Roger	IPSWICH JAFFA	60+ Male	150
158	1:36:42	LEEBURN, Rosemary		55+ Female	187
159	1:36:49	THOMASON, Nicola		All Ladies	213
160	1:37:56	KNOWLES, PATRICK	SPRINGFIELD STRIDERS	50+ Male	180
161	1:38:27	DICKINSON, Jo	FELIXSTOWE RRC	35+ female	393
162	1:38:28	JARRETT, Jenny	FELIXSTOWE RRC	35+ female	394
163	1:38:56	KNOWLES, Sarah	SPRINGFIELD STRIDERS	All Ladies	179
164	1:39:02	KENDRICK, ALISTAIR	CASTLE POINT JOGGERS	50+ Male	324
165	1:39:09	MCALLISTER, NEIL		All Men	335
166	1:39:32	BERRY, Karen	BENFLEET RC	35+ female	360
167	1:39:48	GREENHAM, Sarah		45+ Female	205
168	1:40:01	HASTINGS, Brian	HALSTEAD ROAD RUNNERS	60+ Male	195
169	1:40:05	NICKERSON, Mandy	HAVERHILL RC	35+ female	365
170	1:40:09	VELLA, Carl	HAVERHILL RC	All Men	369
171	1:40:32	SALT, KEVIN	LEIGH ON SEA STRIDERS	40+ Male	256
172	1:40:54	THOMPSON, Stephen	thurrock nomads	40+ Male	193
173	1:41:27	BURSTON, JUDY	PHOENIX STRIDERS	55+ Female	357
174	1:42:15	HUGHES, Gwyn	PHOENIX STRIDERS	55+ Female	216
175	1:43:19	THOMSON, Catherine		35+ female	188
176	1:45:00	EASTER, Julia	goyt valley striders	35+ female	319
177	1:45:09	COLLIER, Peter	ff flyers	50+ Male	158
178	1:45:09	FULLER, Lisa	ff flyers	35+ female	311
179	1:46:07	THOMAS, Peter	COLCHESTER HARRIERS	60+ Male	364
180	1:46:37	CULLEN, Trudy	HARWICH RUNNERS	45+ Female	378

## MERSEA LIONS 10 MILE ROAD RACE

Sunday 24 August 2008. 10:30 am

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Cat	Race No
181	1:46:37	BOND, Sarah	HARWICH RUNNERS	All Ladies	381
182	1:50:47	VERNON, Tony	SPRINGFIELD STRIDERS	40+ Male	172
183	1:51:38	THOMPSON, Samantha		All Ladies	192
184	1:51:57	EMGRICK, Naomi	WITHAM RUNNING CLUB	55+ Female	200
185	1:58:43	RACE, Julia	HALSTEAD ROAD RUNNERS	55+ Female	167
186	1:58:43	PENFOLD, Julie	HALSTEAD ROAD RUNNERS	55+ Female	160
187	2:00:00	DUNNICO, Clive	CASTLE POINT JOGGERS	60+ Male	199